

# Good hygiene at school and at home keeps **gastroenteritis** away



## 01— Practice good hand hygiene

Wash hands with soap and water, and dry them well, before handling food or eating, after toilet use and after having been outside

## 02— Ensure food safety

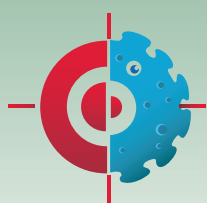
Follow recommendations on food handling, storing and preparation

## 03— Clean and disinfect properly

Frequently touched surfaces should be cleaned often and areas where vomiting has occurred should be disinfected as appropriate

## 04— Stay at home if infected

Anyone with diarrhoea and/or vomiting should stay home



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